



Union City Day Care-Child Care Food Menu

2025

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast: Special-K Cereal(Whole grain) 1% Unflavored Milk Banana Lunch: White Rice and Turkey Meatballs Corn and Beet Salad 1% Unflavored Milk Oranges Snack : Ritz Crackers 1% Unflavored Milk	Breakfast: Dinner Rools with Butter(Whole Grain) 1% Unflavored Milk Plum Lunch: Soft Chicken Taco/Shedded Cheese Lettuce and Tomato 1% Unflavored Milk Watermelon Snack : Tyger Crackers 1% Unflavored Milk	Breakfast: Cornflakes 1% Unflavored Milk Apple Lunch: Beef Noodle Soup Celery,Carrots,Potatoes 1% Unflavored Milk Peach Snack : Cinnamon Goldfish(Whole Grain) 1% Unflavored Milk	Breakfast: Rice Crisp Cereal 1% Unflavored Milk Banana Lunch: Chicken Sausage Rice/Red Beans Lettuce and Corn 1% Unflavored Milk Orange Snack : Cheez-it (Whole Grain) 100% Apple Juice
Breakfast: Multi Grain Cheerios (Whole Grain) 1% Unflavored Milk Apple Lunch: Turkey Hot Dog Coleslaw and Onion 1% Unflavored Milk Banana Snack : Graham Cracker 1% Unflavored Milk	Breakfast: Corn Muffin(Whole Grain) 1% Unflavored Milk Strawberries Lunch: White Rice with Chicken Stew Lettuce,Tomatoes, and Cucumber Salad 1% Unflavored Milk Peach Snack : Banana 1% Unflavored Milk	Breakfast: Rice Crisp Cereal 1% Unflavored Milk Banana Lunch: Spaghetti with Meatballs Steamed Broccoli with Diced Tomatoes 1 % Unflavored Milk Honeydew Snack : Bug Bites Cracker(Whole Grain) 1% Unflavored Milk	Breakfast: Dinner Rolls with Butter (Whole Grain) 1% Unflavored Milk Peach Lunch: Ground Beef with White Rice Baked Zucchini,Steamed Carrots 1% Unflavored Milk Strawberries Snack : Cheese Sting with Saltine Crackers 100% Apple Juice	Teacher Professional Development Day 
Breakfast: Special-K Cereal 1% Unflavored Milk Apple Lunch: Ham/Turkey Cheese Sandwich(Whole Grain) Lettuce and Tomatoes 1% Unflavored Milk Plum Snack : Upstate Nonfat Yogurt 1% Unflavored Milk	Breakfast: Corn muffin(Whole Grain) 1% Unflavored Milk Banana Lunch: Spanish Rice with Chicken Lettuce,Corn 1% Unflavored Milk Mandarine Snack : Scooby-Doo Crackers 1% Unflavored Milk	Breakfast: Toasted Oats Cereal 1 % Unflavored Milk Strawberries Lunch: Plantain Soup with Crackers,Carrots Pumpkin,Broccoli 1 % Unflavored Milk Cantaloupe Snack : Cheez it (Whole Grain) 100% Apple Juice	Breakfast: Cornflakes 1 % Unflavored Milk Banana Lunch: White Rice with Beef Stew Mix Vegetables (Corn,Peas,Carrots) 1 % Unflavored Milk Oranges Snack : Ritz Crackers (Whole Grain) 100% Apple Juice	
Breakfast: Toasted Oats Cereal 1% Unflavored Milk Apple Lunch: Ham/Turkey Cheese Sandwich(Whole Grain) Lettuce and Tomatoes 1% Unflavored Milk Orange Snack : String Cheese with Saltine Crackers 100% Apple Juice	Breakfast: Rice Crisp Cereal 1% Unflavored Milk Strawberries Lunch: White Rice and Ground Beef Cucumber, Steamed Cauliflower 1% Unflavored Milk Pears Snack : Cheez it (Whole Grain) 1% Unflavored Milk	Breakfast: Whole Grain Dinner Roll with Butter 1% Unflavored Milk Banana Lunch: Lentil Soup with White Rice Carrots, Celery, Pumpkin, 1% Unflavored Milk Apple Snack : Strawberries 1% Unflavored Milk	Breakfast: Multi Grain Cheerios 1% Unflavored Milk Pear Lunch: Spaguetitis with Ground Beef Steamed Broccoli 1% Unflavored Milk Mango Snack : Baked Gold Fish Crackers(Whole Grain) 1% Unflavored Milk	Breakfast: Cornflakes 1% Unflavored Milk Banana Lunch: White Rice with Turkey Stew Corn and Tomatoes 1% Unflavored Milk Plum Snack : Graham Cracker (Whole Grain) 1% Unflavored Milk
Breakfast: Special-K Cereal 1% Unflavored Milk Apple Lunch: Turkey Hot Dog Coleslaw and Onion 1% Unflavored Milk Banana Snack : Scooby-Doo Graham Crackers 1% Unflavored Milk	Breakfast: W.G Dinner Rolls with butter 1% Unflavored Strawberries Lunch: White Rice/Beef Meatballs Corn and Tomatoes 1% Unflavored Milk Orange Snack : Cinnamon Goldfish(W.G) 1% Unflavored Milk	Breakfast: Cheerios (W.G) 1% Unflavored Milk Banana Lunch: Ground Beef with White Rice Broccoli with Carrot 1% Unflavored Milk Plum Snack : Bug Bites Crackers 1% Unflavored Milk		