


# Union City Day Care-Child Care Food Menu

# 2025

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
| <p><b>Breakfast:</b> <span style="float: right;">3-Feb</span><br/>Toasted Oats Cereal<br/>1% Unflavored Milk Apple</p> <p><b>Lunch:</b><br/>Chicken Patty Sandwich(Whole Grain)<br/>Lettuce and Tomatoes<br/>1% Unflavored Milk Pear</p> <p><b>Snack :</b><br/>Bananas<br/>1% Unflavored Milk</p>                                  | <p><b>Breakfast:</b> <span style="float: right;">4-Feb</span><br/>Special-K Cereal(Whole Grain)<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>White Rice and Turkey Meatballs<br/>Corn and Beet Salas<br/>1% Unflavored Milk Orange</p> <p><b>Snack :</b><br/>Ritz Crackers<br/>1% Unflavored Milk</p>         | <p><b>Breakfast:</b> <span style="float: right;">5-Feb</span><br/>Dinner Rools with Butter(Whole Grain)<br/>1% Unflavored Milk Plum</p> <p><b>Lunch:</b><br/>Soft Chicken Taco/Shedded Cheese<br/>Lettuce and Tomato<br/>1% Unflavored Milk Watermelon</p> <p><b>Snack :</b><br/>Tyger Crackers<br/>1% Unflavored Milk</p>         | <p><b>Breakfast:</b> <span style="float: right;">6-Feb</span><br/>Cornflakes<br/>1% Unflavored Milk Apple</p> <p><b>Lunch:</b><br/>Beef Noodle Soup<br/>Celery,Carrots,Potatoes<br/>1% Unflavored Milk Peach</p> <p><b>Snack :</b><br/>Cinnamon Goldfish(Whole Grain)<br/>1% Unflavored Milk</p>   | <p><b>Breakfast:</b> <span style="float: right;">7-Feb</span><br/>Rice Crisp Cereal<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>Chicken Sausage Rice/Red Beans<br/>Lettuce and Corn<br/>1% Unflavored Milk Orange</p> <p><b>Snack :</b><br/>Cheez-it (Whole Grain)<br/>100% Apple Juice</p>  |
| <p><b>Breakfast:</b> <span style="float: right;">10-Feb</span><br/>Multi Grain Cheerios (Whole Grain)<br/>1% Unflavored Milk Apple</p> <p><b>Lunch:</b><br/>Turkey Hot Dog<br/>Coleslaw and Onion<br/>1% Unflavored Milk Banana</p> <p><b>Snack :</b><br/>Graham Cracker<br/>1% Unflavored Milk</p>                                | <p><b>Breakfast:</b> <span style="float: right;">11-Feb</span><br/>Corn Muffin(Whole Grain)<br/>1% Unflavored Milk Strawberries</p> <p><b>Lunch:</b><br/>White Rice with Chicken Stew<br/>Lettuce,Tomatoes, and Cucumber Salad<br/>1% Unflavored Milk Peach</p> <p><b>Snack :</b><br/>Banana<br/>1% Unflavored Milk</p> | <p><b>Breakfast:</b> <span style="float: right;">12-Feb</span><br/>Rice Crisp Cereal<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>Spaghetti with Meatballs<br/>Steamed Broccoli with Diced Tomatoes<br/>1 % Unflavored Milk Honeydew</p> <p><b>Snack :</b><br/>Bug Bites Cracker(Whole Grain)<br/>1% Unflavored Milk</p> | <p><b>Breakfast:</b> <span style="float: right;">13-Feb</span><br/>Dinner Rolls with Butter (Whole Grain)<br/>1% Unflavored Milk Peach</p> <p><b>Lunch:</b><br/>Ground Beef with White Rice<br/>Baked Zucchini,Steamed Carrots<br/>1% Unflavored Milk Strawberries</p> <p><b>Snack :</b><br/>Cheese Sting with Saltine Crackers<br/>100% Apple Juice</p> | <p><b>Breakfast:</b> <span style="float: right;">14-Feb</span><br/>Cheerios (W,G)<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>Yellow Rice and Chicken w Beans<br/>Mix Vegetable(Corn,Peas,Carrot)<br/>1% Unflavored Milk Pear</p> <p><b>Snack :</b><br/>Strawberry<br/>1% Unflavored Milk</p> <p style="text-align: right;"><i>happy Valentine's day</i></p> |
|   | <p><b>Breakfast:</b> <span style="float: right;">18-Feb</span><br/>Corn muffin(Whole Grain)<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>Spanish Rice with Chicken<br/>Lettuce,Corn<br/>1% Unflavored Milk Mandarine</p> <p><b>Snack :</b><br/>Scooby-Doo Crackers<br/>1% Unflavored Milk</p>                 | <p><b>Breakfast:</b> <span style="float: right;">19-Feb</span><br/>Toasted Oats Cereal<br/>1 % Unflavored Milk Strawberries</p> <p><b>Lunch:</b><br/>Plantain Soup with Crackers,Carrots<br/>Pumpkin,Broccoli<br/>1 % Unflavored Milk Cantaloupe</p> <p><b>Snack :</b><br/>Cheez it (Whole Grain)<br/>100% Apple Juice</p>         | <p><b>Breakfast:</b> <span style="float: right;">20-Feb</span><br/>Cornflakes<br/>1 % Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>White Rice with Beef Stew<br/>Mix Vegetables (Corn,Peas,Carrots)<br/>1 % Unflavored Milk Oranges</p> <p><b>Snack :</b><br/>Ritz Crackers (Whole Grain)<br/>100% Apple Juice</p>                                    | <p><b>Breakfast:</b> <span style="float: right;">21-Feb</span><br/>Rice Crisp Cereal<br/>1% Unflavored Milk Pear</p> <p><b>Lunch:</b><br/>Soft Beef Taco/ Shredded Cheese<br/>Lettuce and Tomato<br/>1% Unflavored Milk Peach</p> <p><b>Snack :</b><br/>Animal Crackers Mixed Berry<br/>1% Unflavored Milk</p>  |
| <p><b>Breakfast:</b> <span style="float: right;">24-Feb</span><br/>Toasted Oats Cereal<br/>1% Unflavored Milk Apple</p> <p><b>Lunch:</b><br/>Ham/Turkey Cheese Sandwich(Whole Grain)<br/>Lettuce and Tomatoes<br/>1% Unflavored Milk Orange</p> <p><b>Snack :</b><br/>String Cheese with Saltine Crackers<br/>100% Apple Juice</p> | <p><b>Breakfast:</b> <span style="float: right;">25-Feb</span><br/>Rice Crisp Cereal<br/>1% Unflavored Milk Strawberries</p> <p><b>Lunch:</b><br/>White Rice and Ground Beef<br/>Cucumber, Steamed Cauliflower<br/>1% Unflavored Milk Pears</p> <p><b>Snack :</b><br/>Cheez it (Whole Grain)<br/>1% Unflavored Milk</p> | <p><b>Breakfast:</b> <span style="float: right;">26-Feb</span><br/>Whole Grain Dinner Roll with Butter<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>Lentil Soup with White Rice<br/>Carrots, Celery, Pumpkin,<br/>1% Unflavored Milk Apple</p> <p><b>Snack :</b><br/>Strawberries<br/>1% Unflavored Milk</p>             | <p><b>Breakfast:</b> <span style="float: right;">27-Feb</span><br/>Multi Grain Cheerios<br/>1% Unflavored Milk Pear</p> <p><b>Lunch:</b><br/>Spaguettis with Ground Beef<br/>Steamed Broccoli<br/>1% Unflavored Milk Mango</p> <p><b>Snack :</b><br/>Baked Gold Fish Crackers(Whole Grain)<br/>1% Unflavored Milk</p>                                    | <p><b>Breakfast:</b> <span style="float: right;">28-Feb</span><br/>Cornflakes<br/>1% Unflavored Milk Banana</p> <p><b>Lunch:</b><br/>White Rice with Turkey Stew<br/>Corn and Tomatoes<br/>1% Unflavored Milk Plum</p> <p><b>Snack :</b><br/>Graham Cracker (Whole Grain)<br/>1% Unflavored Milk</p>  |