

Union City Day Care -Infant- Food Menu

2025




Monday

Tuesday

Wednesday

Thursday

Friday

				
Breakfast: Special-K Cereal Whole Milk Pear	Breakfast: Corn Muffin(Whole Grain) Whole Milk Apple	Breakfast: Rice Crisp Cereal Whole Milk Banana	Breakfast: Cornflakes Whole Milk Plum	Breakfast: Rice Crisp Cereal Whole Milk Pear
Lunch: Corn Chicken Soup Celery,Potato,Yams Whole Milk Banana	Lunch: Beans Soup Pumpkin,Celery,Potatoes,Carrot diced Whole Milk Strawberries	Lunch: Garbanzo Noodle Soup Broccoli Whole Milk Apple	Lunch: Beef Noodle Soup Celery,Carrots,Yams Whole Milk Strawberries	Lunch: Chickpeas Soup Carrot,Pumpkin Whole Milk Apple
Snack: Baked Goldfish Crackers (Whole Grain) Whole Milk	Snack: Cheez-it Whole Milk	Snack: Graham Cracker (Whole Grain) Whole Milk	Snack: Cheez-it Baked Whole Grain Whole Milk	Snack: Strawberries Whole Milk
				
Breakfast: Special-K Cereal Whole Milk Apple	Breakfast: Whole Grain Dinner Roll with Butter Whole Milk Banana	Breakfast: Toasted Oats Cereal Whole Milk Strawberries	Breakfast: Cheerios Whole Milk Pears	Breakfast: Rice Crisp Cereal Whole Milk Banana
Lunch: Chicken Soup and Carrot Potatoes,Broccoli, Yuca Whole Milk Plum	Lunch: Chickpea Soup Carrots,Pumpkin,Potatoes Whole Milk Pears	Lunch: Chicken Noodle Soup Potatoes, Celery Whole Milk Peach	Lunch: Bean Soup Pumpkin, Celery,Carrot diced Whole Milk Banana	Lunch: Vegetable and Beef Soup Potatoes, Broccoli, Yuca Whole Milk Peach
Snack: Upstate Nonfat Yogurt Whole Milk	Snack: Strawberries Whole Milk	Snack: Cheez-it (W.G) Whole Milk	Snack: Ritz Crackers 100% Apple Juice	Snack: Wheat Thins Crackers (Whole Grain) Whole Milk
	Breakfast: Rice Crisp Whole Milk Strawberries	Breakfast: Cornflakes Whole Milk Banana	Breakfast: Special-K Cereal Whole Milk Apple	Breakfast: Cheerios(Whole Grain) Whole Milk Pear
	Lunch: Beef Noodle Soup Carrots, Potatoes Whole Milk Pears	Lunch: Lentil Soup with White Rice Carrots, Celery, Pumpkin Whole Milk Apple	Lunch: Chicken Noodle Soup with Crackers Carrot,Potato,Yams Whole Milk Strawberries	Lunch: Corn Chicken Soup Celery,Potato,Carrot Whole Milk Peach
	Snack: Cheez It((Baked Whole Grain) Whole Milk	Snack: Graham Cracker Sticks (Whole Grain) Whole Milk	Snack: Upstate Nonfat Yogurt Whole Milk	Snack: Ritz Crackers Whole Milk
Breakfast: Special-K Cereal Whole Milk Apple	Breakfast: Multi Grain Cheerios Whole Milk Pears	Breakfast: W.G Dinner Rolls with Butter Whole Milk Strawberries	Breakfast: Rice Krispies Whole Milk Apple	Breakfast: Corn Flakes Whole Milk Pears
Lunch: Vegetable and Chicken Soup Potatoes,Broccoli, Yuca Whole Milk Banana	Lunch: Oatmeal Chicken Soup Carrot,pumpkin Whole Milk Strawberries	Lunch: Vegetable and Beef Soup Potatoes,Broccoli, Yuca Whole Milk Plum	Lunch: Chicken Noodle Soup with Crackers Potatoes,Celery,Pumpkin,Carrot Whole Milk Peach	Lunch: Chickpeas Soup Carrot,Pumpkin Whole Milk Apple
Snack: Bananas Whole Milk	Snack: Cheese String/Saltine Crackers Whole Milk	Snack: Corn Muffin Whole Milk	Snack: Cheese Goldfish (Whole Grain) Whole Milk	Snack: Graham Crackers W.G Whole Milk

4oz. Whole Milk for 1-2 years old

6oz. 1% Milk for 3-5 years old

Beef (rounded beef knuckle) 1oz for 1-2 years old 1 1/2oz 3-5