Union City Day Care-Child Care Food Menu 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast:	2-Jun	Breakfast:	3-Jun	Breakfast:	4-Jun	Breakfast:	5-Jun	Breakfast:	6-Jun
Toasted Oats Cereal		Special-K Cereal Whole Grain		Dinner Rolls with Butter Who	le Grain	 Cornflakes		Rice Crisp Cereal	
1% Unflavored Milk	Apple	•	Banana	1% Unflavored Milk	Plum	1% Unflavored Milk	Apple	1% Unflavored Milk	Banana
Lunch:		Lunch:		Lunch:		Lunch:		Lunch:	
Chicken Patty Sandwich Wh	ole Grain	White Rice and Turkey Meatballs	6	Soft Chicken Taco/Shredded	Cheese	Beef Noodle Soup		Chicken Sausage Rice/R	ed Beans
Lettuce and Tomatoes		Corn and beet Salad		Lettuce and Tomatoes		Celery,Carrots,Potatoes		Lettuce and Corn	
1% Unflavored Milk	Banana	1% Unflavored Milk C	range	1% Unflavored Milk V	Vatermelon	1% Unflavored Milk	Peach	1% Unflavored Milk	Orange
Snack:		Snack:		Snack:		Snack:		Snack:	
Banana		Ritz Crackers		Tiger Creackers		Cinnamon Goldfish(Whole Gra	ain)	Cheez-it (Whole Grain)	
1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk		100% Apple Juice	
Breakfast:	9-Jun	Breakfast:	10-Jun	Breakfast:	11-Jun	Breakfast:	12-Jun	Breakfast:	13-Jun
Multi Grain Cheerios (Whole	Grain)	Corn Muffin(Whole Grain)		Rice Crisp Cereal		Dinner Rolls with Butter (Whole	e Grain)	Cheerios (W.G)	
1% Unflavored Milk	Apple	1% Unflavored Milk St	awberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Peach	1% Unflavored Milk	Apple
Lunch:		Lunch:		Lunch:		<u>Lunch:</u>		Lunch:	
Turkey Hot Dog		White Rice with Chicken Stew		Spaghetti with Meatballs		Ground Beef with White Rice		Yellow Rice and Chicken	
Coleslaw and Onion		Lettuce,Tomatoes, and Cucumb		Steamed Broccoli with Diced		Baked Zucchini,Steamed Carr		Mix Vegetable(Corn,Peas	•
1% Unflavored Milk	Banana	1% Unflavored Milk	Peach	1 % Unflavored Milk	Honeydew	1% Unflavored Milk	Strawberries	1% Unflavored Milk	Pear
Snack:		Snack:		Snack:		Snack :		Snack:	
Graham Cracker		Banana		Bug Bites Cracker(Whole Gra	ain)	Cheese Sting with Saltine Cra	ackers	Strawberries	
1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk		100% Apple Juice		1% Unflavored Milk	_
Breakfast:	16-Jun	Breakfast:	17-Jun	<u>Breakfast:</u>	18-Jun	<u>Breakfast:</u>	19-Jun	<u>Breakfast:</u>	20-Jun
Special-K Cereal		Corn muffin(Whole Grain)		Toasted Oats Cereal		Cornflakes		Rice Crisp Cereal	
1% Unflavored Milk	Apple		Banana	1 % Unflavored Milk	Strawberries	1 % Unflavored Milk	Banana	1% Unflavored Milk	Pear
Lunch:		<u>Lunch:</u>		Lunch:		<u>Lunch:</u>		<u>Lunch:</u>	
Ham/Turkey Cheese Sandw	rich(Whole Grain)	-		Plantain Soup with Crackers,		White Rice with Beef Stew		Soft Beef Taco/ Shredded	d Cheese
Lettuce and Tomatoes	Di	Lettuce,Corn	4	Pumpkin,Broccoli		Mix Vegetables (Corn,Peas,Ca	•	Lettuce and Tomato	D l.
1% Unflavored Milk	Plum		Mandarine	1 % Unflavored Milk	Cantaloupe	1 % Unflavored Milk	Oranges	1% Unflavored Milk	Peach
Snack:		Snack:		Snack:		Snack:		Snack:	
Upstate Nonfat Yogurt 1% Unflavored Milk		Scooby-Doo Crackers 1% Unflavored Milk		Cheez it (Whole Grain)		Ritz Crackers (Whole Grain) 100% Apple Juice		Animal Crackers Mixed B 1% Unflavored Milk	serry
	00.1		04.1	100% Apple Juice	05.1		00.1		07.1
Breakfast:		Breakfast:	24-Jun	Breakfast:		Breakfast:	26-Jun	Breakfast:	27-Jun
Toasted Oats Cereal 1% Unflavored Milk		Rice Crisp Cereal 1% Unflavored Milk St	rawberries	Whole Grain Dinner Roll with 1% Unflavored Milk		Multi Grain Cheerios 1% Unflavored Milk	Pear	Cornflakes 1% Unflavored Milk	Banana
	Apple		rawberries		Banana		Pear		Danana
Lunch:	iah(\\\\hala Orain)	Lunch:		Lunch:		Lunch:		Lunch:	4
Lettuce and Tomatoes	ich(whole Grain)	White Rice and Ground Beef Cucumber, Steamed Cauliflower		Lentil Soup with White Rice Carrots, Celery, Pumpkin,		Spaguettis with Ground Beef Steamed Broccoli		White Rice with Turkey S Corn and Tomatoes	itew
1% Unflavored Milk	Orange	1% Unflavored Milk	Pears	1% Unflavored Milk		1% Unflavored Milk	Mango	1% Unflavored Milk	Plum
Snack:	Orange	Snack:	i cais	Snack:	• • •	Snack:	Mango	Snack:	i idili
String Cheese with Saltine C	:rackers	Cheez it (Whole Grain)		Strawberries		Baked Gold Fish Crackers(Wh	nole Grain)	Graham Cracker (Whole	Grain)
100% Apple Juice	nackers	1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk	loic Grain)	1% Unflavored Milk	Oralli)
Breakfast:	30-Jun								
Special-K Cereal	30-3411			•					
1% Unflavored Milk	Apple								
Lunch:	, (ppio								
Turkey Hot Dog									
Coleslaw and Onion									
1% unflavored Milk	Orange								
Snack:	- ·g-								
Scooby-doo Graham Cracke	ers								
1% Unflavored Milk	•								