

Union City Day Care-Child Care Food Menu

2025

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: 3-Mar Toasted Oats Cereal 1% Unflavored Milk Apple Lunch: Chicken Patty Sandwich(W.G) Lettuce and Tomatoes 1% Unflavored Milk Pear Snack : Bananas 1% Unflavored Milk	Breakfast: 4-Mar Special-K Cereal(Whole grain) 1% Unflavored Milk Banana Lunch: White Rice and Turkey Meatballs Corn and Beet Salad 1% Unflavored Milk Oranges Snack : Ritz Crackers 1% Unflavored Milk	Breakfast: 5-Mar Dinner Rools with Butter(Whole Grain) 1% Unflavored Milk Plum Lunch: Soft Chicken Taco/Shedded Cheese Lettuce and Tomato 1% Unflavored Milk Watermelon Snack : Tyger Crackers 1% Unflavored Milk	Breakfast: 6-Mar Cornflakes 1% Unflavored Milk Apple Lunch: Beef Noodle Soup Celery,Carrots,Potatoes 1% Unflavored Milk Peach Snack : Cinnamon Goldfish(Whole Grain) 1% Unflavored Milk	Breakfast: 7-Mar Rice Crisp Cereal 1% Unflavored Milk Banana Lunch: Chicken Sausage Rice/Red Beans Lettuce and Corn 1% Unflavored Milk Orange Snack : Cheez-it (Whole Grain) 100% Apple Juice
Breakfast: 10-Mar Multi Grain Cheerios (Whole Grain) 1% Unflavored Milk Apple Lunch: Turkey Hot Dog Coleslaw and Onion 1% Unflavored Milk Banana Snack : Graham Cracker 1% Unflavored Milk	Breakfast: 11-Mar Corn Muffin(Whole Grain) 1% Unflavored Milk Strawberries Lunch: White Rice with Chicken Stew Lettuce, Tomatoes, and Cucumber Salad 1% Unflavored Milk Peach Snack : Banana 1% Unflavored Milk	Breakfast: 12-Mar Rice Crisp Cereal 1% Unflavored Milk Banana Lunch: Spaghetti with Meatballs Steamed Broccoli with Diced Tomatoes 1 % Unflavored Milk Honeydew Snack : Bug Bites Cracker(Whole Grain) 1% Unflavored Milk	Breakfast: 13-Mar Dinner Rolls with Butter (Whole Grain) 1% Unflavored Milk Peach Lunch: Ground Beef with White Rice Baked Zucchini,Steamed Carrots 1% Unflavored Milk Strawberries Snack : Cheese Sting with Saltine Crackers 100% Apple Juice	Breakfast: 14-Mar Cheerios (W,G) 1% Unflavored Milk Banana Lunch: Yellow Rice and Chicken w Beans Mix Vegetable(Corn,Peas,Carrot) 1% Unflavored Milk Pear Snack : Strawberry 1% Unflavored Milk
Breakfast: 17-Mar Special-K Cereal 1% Unflavored Milk Apple Lunch: Ham/Turkey Cheese Sandwich(Whole Grain) Lettuce and Tomatoes 1% Unflavored Milk Plum Snack : Upstate Nonfat Yogurt 1% Unflavored Milk	Breakfast: 18-Mar Corn muffin(Whole Grain) 1% Unflavored Milk Banana Lunch: Spanish Rice with Chicken Lettuce,Corn 1% Unflavored Milk Mandarine Snack : Scooby-Doo Crackers 1% Unflavored Milk	Breakfast: 19-Mar Toasted Oats Cereal 1 % Unflavored Milk Strawberries Lunch: Plantain Soup with Crackers,Carrots Pumpkin,Broccoli 1 % Unflavored Milk Cantaloupe Snack : Cheez it (Whole Grain) 100% Apple Juice	Breakfast: 20-Mar Cornflakes 1 % Unflavored Milk Banana Lunch: White Rice with Beef Stew Mix Vegetables (Corn,Peas,Carrots) 1 % Unflavored Milk Oranges Snack : Ritz Crackers (Whole Grain) 100% Apple Juice	Breakfast: 21-Mar Rice Crisp Cereal 1% Unflavored Milk Pear Lunch: Soft Beef Taco/ Shredded Cheese Lettuce and Tomato 1% Unflavored Milk Peach Snack : Animal Crackers Mixed Berry 1% Unflavored Milk
Breakfast: 24-Mar Toasted Oats Cereal 1% Unflavored Milk Apple Lunch: Ham/Turkey Cheese Sandwich(Whole Grain) Lettuce and Tomatoes 1% Unflavored Milk Orange Snack : String Cheese with Saltine Crackers 100% Apple Juice	Breakfast: 25-Mar Rice Crisp Cereal 1% Unflavored Milk Strawberries Lunch: White Rice and Ground Beef Cucumber, Steamed Cauliflower 1% Unflavored Milk Pears Snack : Cheez it (Whole Grain) 1% Unflavored Milk	Breakfast: 26-Mar Whole Grain Dinner Roll with Butter 1% Unflavored Milk Banana Lunch: Lentil Soup with White Rice Carrots, Celery, Pumpkin, 1% Unflavored Milk Apple Snack : Strawberries 1% Unflavored Milk	Breakfast: 27-Mar Multi Grain Cheerios 1% Unflavored Milk Pear Lunch: Spaguettis with Ground Beef Steamed Broccoli 1% Unflavored Milk Mango Snack : Baked Gold Fish Crackers(Whole Grain) 1% Unflavored Milk	Breakfast: 28-Mar Cornflakes 1% Unflavored Milk Banana Lunch: White Rice with Turkey Stew Corn and Tomatoes 1% Unflavored Milk Plum Snack : Graham Cracker (Whole Grain) 1% Unflavored Milk
Breakfast: 31-Mar Special-K Cereal 1% Unflavored Milk Apple Lunch: Turkey Hot Dog Coleslaw and Onion 1% Unflavored Milk Banana Snack : Scooby-Doo Graham Crackers 1% Unflavored Milk				