## **Union City Day Care-Child Care Food Menu**

2024

Monday		Tuesday		Wednesday		Thursday		Friday	
								Breakfast: Rice Crisp Cereal 1% Unflavored Milk	1-Nov Banana
								Lunch: Chicken Sausage Rice/Red E	Beans
								Lettuce and Corn 1% Unflavored Milk Snack: Cheez-it (Whole Grain) 100% Apple Juice	Orange
Breakfast:	4-Nov		5-Nov	Breakfast:	6-Nov		7-Nov		8-Nov
Multi Grain Cheerios (Whole G	rain)		_	Rice Crisp Cereal	-				
1% Unflavored Milk	Apple			1% Unflavored Milk	Banana				
Lunch:		SCHOO	)L	<u>Lunch:</u>			- 8	WE WILL BE CLOS	
Turkey Hot Dog		CLOSE		Spaghetti with Meatballs	_	NO SCHO	OL:	VETERANS	S DAY
Coleslaw and Onion	D	CEUSE		Steamed Broccoli with Diced 1 % Unflavored Milk		STAFF PROFESS DEVELOPMEN	IONAL	WOODS -	
1% Unflavored Milk Snack:	Banana	Nov 5		Snack:	Honeydew			* * * * *	* * * * —
Graham Cracker		Election D	21/	Bug Bites Cracker(Whole Gra	ain)				
1% Unflavored Milk		Liection D	ч	1% Unflavored Milk	aiii)				
Breakfast:	11-Nov	Breakfast:	12-Nov	Breakfast:	13-Nov	Breakfast:	14-Nov	Breakfast:	15-Nov
Special-K Cereal	A I	Corn muffin(Whole Grain)	D	Toasted Oats Cereal	Ot	Cornflakes	D	Rice Crisp Cereal	D
	Apple	1% Unflavored Milk	Banana	1 % Unflavored Milk	Strawberries	1 % Unflavored Milk	Banana	1% Unflavored Milk	Pear
Lunch:	(M/I I - Oi	Lunch:		Lunch:	0	Lunch: White Rice with Beef Stew		Lunch: Soft Beef Taco/ Shredded Ch	
Ham/Turkey Cheese Sandwich Lettuce and Tomatoes	(whole Grain	Spanish Rice with Unicken Lettuce.Corn		Plantain Soup with Crackers, Pumpkin.Broccoli	Carrots	White Rice with Beef Stew Mix Vegetables (Corn,Peas,Carro	tc)	Lettuce and Tomato	eese
	Plum	1% Unflavored Milk	Mandarine	1 % Unflavored Milk	Cantaloupe	1 % Unflavored Milk	Oranges	1% Unflavored Milk	Peach
Snack:	· idiii	Snack:	Mariadinio	Snack:	GaritalGapo	Snack:	Orangoo	Snack:	1 Guoii
Upstate Nonfat Yogurt		Scooby-Doo Crackers		Cheez it (Whole Grain)		Ritz Crackers (Whole Grain)		Animal Crackers Mixed Berry	
1% Unflavored Milk		1% Unflavored Milk		100% Apple Juice		100% Apple Juice		1% Unflavored Milk	
Breakfast:	18-Nov	Breakfast:	19-Nov	Breakfast:	20-Nov	Breakfast:	21-Nov	Breakfast:	22-Nov
Toasted Oats Cereal		Rice Crisp Cereal		Whole Grain Dinner Roll with	Butter	Multi Grain Cheerios		Cornflakes	
1% Unflavored Milk	Apple		Strawberries	1% Unflavored Milk	Banana	1% Unflavored Milk	Pear	1% Unflavored Milk	Banana
Lunch:		<u>Lunch:</u>		Lunch:		Lunch:		<u>Lunch:</u>	
Ham/Turkey Cheese Sandwich	(Whole Grain			Lentil Soup with White Rice		Spaguettis with Ground Beef		White Rice with Turkey Stew	
Lettuce and Tomatoes  1% Unflavored Milk	0	Cucumber, Steamed Cauliflower  1% Unflavored Milk	er Pears	Carrots, Celery, Pumpkin, 1% Unflavored Milk	Ammla	Steamed Broccoli	Manaa	Corn and Tomatoes 1% Unflavored Milk	Plum
Snack:	Orange	Snack:	Pears	Snack:	Apple	1% Unflavored Milk Snack:	Mango	Snack:	Plum
String Cheese with Saltine Cra	ckore	Cheez it (Whole Grain)		Strawberries		Baked Gold Fish Crackers(Whole	Grain)	Graham Cracker (Whole Grain	in)
100% Apple Juice	ONGIO	1% Unflavored Milk		1% Unflavored Milk		1% Unflavored Milk	Jiaiii)	1% Unflavored Milk	··· <i>)</i>
Breakfast:	25-Nov	Breakfast:	26-Nov	Breakfast:	27-Nov				
Special-K Cereal		Diner Rolls With Butter(W.G)		Cheerios Multi Grain					
1% Unflavored Milk	Apple		awberries	1% Unflavored Milk	Banana	SC	1	OOL	
Lunch:		Lunch:		Lunch:					
Turkey Hot Dog		White Rice with Beef Meatballs	i	Ground Beef with White Rice	!			SED	
Coleslaw and Onion	_	Corn And Tomatoes	_	Broccoli with Carrot diced					
1% Unflavored Milk	Banana		Orange	1% Unflavored Milk	Plum	Nov	, 2	8-29	
Snack:		Snack:		Snack:				giving	
Scooby-Doo Graham Crackers  1% Unflavored Milk	3	Cinnamon Goldfish 1% Unflavored Milk		Banana 1% Unflaovred Milk			200	ess	
1 /0 Offilavored Ivilik		1 /0 Olillavoled Wilk		170 OffilaOvieu Ivilik		•			